## Learn about this community find its story

A community can promote mental health and wellbeing. Understand your community.



\*Always Be You has been developed with the application of, learnings from and respect for 8 ways Aboriginal Pedagogy ©Commonwealth of Australia. BY/4020 10/18



## Many ways of knowing, being and doing

- History is important for today and tomorrow.
- Keep on learning, the story grows every day.
  - Now is part of the story.
  - Story sharing identifies community and culture you can't always see.



Make learning maps visible with:

- Photo walls.
- Time lines, recorded stories.
  - Family trees.
- Local community story displays/representations.

Many ways of doing

- Learn the history of this community with the children and young people.
- Share stories from listening to people and reading.
  - Share stories. Draw stories in sand.
  - Visit places that are important to a range of community members.

## **Connecting to Community**

- Connections through community members are supports for engagement.
- Seek out individuals who can tell you about this community from different perspectives.
- Connect with all cultures—evolving cultures.
- Connect to Country-this land, its history and its present.

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