

COACH



community mentoring

Creating Opportunities And Casting Hope



WHAT IS COACH?

COACH is designed to support vulnerable individuals and families and help them to flourish. This includes families with children under 12, young people aged 12-18. If you are a family with at least one child under 12 years old or young person aged 8-15 years old you may be suitable for the program.

VALUES

COMPASSION

COLLABORATION

EMBRACING ALL

REFLECTION

HOLISTIC CARE



WHO ARE THE COACHES?

COACHES are friends with purpose who offer support to children, young people, families or ex-offenders and mentoring towards life goals.

COACHES are trained volunteers from our local churches, who are up to date their Working With Children and Police Checks. They are committed to child protection training in accordance with government requirement and are accountable to their COACH coordinators.

DO YOU ANSWER "YES"?

Are you experiencing any form of isolation, and would you like the support of a friend?

Would you be interested in someone helping you address some of your financial difficulties (e.g. basic budgeting)?

Would you like to have a friend who can support you in accessing and / or engaging with services within the community?

Would you be keen to have support on basic life skills and household management?

Would the support of a friend to help you with parenting skills interest you?

Are you experiencing health problems that affect your capacity to manage family life and could use a friend?

THEN THE
COACH MENTORING
PROGRAMME COULD
BE FOR YOU!





COACHES DO:

- * develop relationships with students, parents and carers,
- * provide students and their families with support and / or appropriate referrals in difficult situations,
- * work closely with the chaplain and (if needed) the wider well-being team and
- * mentor and COACH on a consistent basis for at least 12 months.

COACHES DON'T:

- * provide professional support services (e.g. counselling, legal / medical advice),
- * express views that are discriminatory or biased on the grounds of religious ideology beliefs or sexuality,
- * impose their personal values on their participants,
- * provide support to students who have indicated that they do not wish to continue with COACH and
- * share information, unless they learn any information which may affect the safety or wellbeing of the participant, or another person.