

## **Promoting Dental Hygiene Procedure**

## **Dental hygiene**

- Oral health practices will be included in the daily programs and activities
- Educators will;
  - support children to access oral health resources for research, exploration and identification. These resources will be available through books, posters and visual aids.
  - Talk with children about oral health, this can be done by encouraging children to drink water throughout their time with us.
  - Pay particular attention to meal and snack times where children will be encouraged to drink water after eating and to rinse their mouths.
- The Educational Leader will arrange visits by oral health professionals as part of the program. Families and children will be encouraged to attend these visits where correct brushing techniques and oral care will be discussed.
- Management will provide oral care information to families.
- Children that are provided with breakfast at the centres will be encouraged to brush their teeth before leaving for school.
- Individual toothbrushes will be provided and store hygienically.
- An Educator will use individual cotton buds to distribute age-appropriate toothpaste to each child's brush to avoid contamination.

PROCEDURE VERSION AND REVISION INFORMATION			
	S.Met	Current version	1
Authorised by	GENERAL MANAGER	Last review	May 2021