# **Sun Protection Procedure**

This procedure should be read in conjunction with the 'Safe environment Policy'

## Implementation of Sun Safety Processes

- Educators will monitor the UV index each day throughout the day (for example using the SunSmart app) to guide implementation of sun safe practices.
- If the UV index is 3 or above, appropriate sun protection measures need to be undertaken by all children and staff when outdoors.
- The following procedures on Slip, Slop, Slap, Seek, Slide as recommended by the Cancer Council will be followed whenever sun protection is required outdoors.
- Staff will act as role models for the children by following the sun safety measures in this procedure.
- Management will keep informed about current trends, recommendations and legislation that impacts on Sun Protection by following the Cancer Council, SunSmart, and other recognised sources of sun safe information and reviewing and updating these procedures as advice changes.

# Slip (clothing)

- We recommend children and Educators wear loose fitting clothing that protects as much of the skin as possible for outdoor activities.
- Shirts that cover the shoulders and have collars and sleeves and longer style shorts are most suitable, while dresses and singlets with spaghetti straps are discouraged.
- Children who do not have an appropriate hat or outdoor clothing will be asked to choose a shady play space.

### Slop (sunscreen)

- SPF 30+ broad spectrum water resistant sunscreen will be provided by the service for use by children and staff.
- Educators will ensure the sunscreen is 'in-date' by regularly checking the expiry date before use each day.
- Before engaging in outdoor activities during times where sun protection is necessary, all children and staff will be required to apply sunscreen in line with the manufacturers directions.
- Children will be encouraged to apply sunscreen themselves, under appropriate supervision to ensure effective application and to develop independent sun protection skills.

#### Slap (hats)

Children and staff are encouraged to wear hats to protect the face, neck and ears
whenever they are outside, and may not be able to participate in all outdoor activities
without one.

 Children who do not have an appropriate hat or outdoor clothing will be asked to choose a shady play space.

## Seek (shade)

- Children are encouraged to choose and use available areas of shade while outside.
- Play activities will be set up in the shade and moved throughout the day to take advantage of shade patterns where possible.
- The availability of shade will be considered when planning all outdoor excursions and activities.

# Slide (sunglasses)

 Staff and children are encouraged to wear sunglasses while outdoors where possible.

# **Beginning an Outdoor Activity**

- 1. Check the SunSmart app for the UV level to see whether sun protection measures are required or will be required later during your outdoor activities
- 2. Check the expiry date on the sunscreen bottle to ensure it is still in date, if out of date, find a new bottle and throw out the out of date one.
- 3. Ensure all children and staff prior to going outside:
  - a. Are wearing suitable sun safe clothing
  - b. Apply sunscreen
  - c. Put on a suitable hat
  - d. Wear sunglasses if they have them
- 4. If any children do not have appropriate sun safe clothing or a hat, they are to be directed to play in a shady area
- 5. Staff will ensure sunscreen is re-applied every few hours as per the direction on the sunscreen bottle

PROCEDURE VERSION AND REVISION INFORMATION

Current version 1

Authorised by GENERAL MANAGER Last review January 2021